

# The Positive Twist

By Gerry Mitchell

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D D7  
When something really makes you mad don't stress.  
G D  
You can always find some good in bad I guess.  
A D  
Just pass the good vibes down the line...oh, yes.

D D7  
Do the positive twist. Do the positive twist.  
G D  
Do the positive twist. Do the positive twist.  
A  
Do an upside spin and a negative flip.  
D A D  
Do the positive twist.

D D7  
If nothing seems to go your way, hold on.  
G D  
Take a deep breath and turn it around...now come on.  
A D  
And make someone else's day. You can't go wrong.

D D7  
Do the positive twist. Do the positive twist.  
G D  
Do the positive twist. Do the positive twist.  
A  
Do an upside spin and a negative flip.  
D A D  
Do the positive twist.

D D7  
If someone tries to put you down, don't fret.  
G D  
You can twist it all around. Don't forget.  
A D  
You'll feel much better all the time. You bet.

D D7  
Do the positive twist. Do the positive twist.  
G D  
Do the positive twist. Do the positive twist.  
A  
Do an upside spin and a negative flip.  
D A D  
Do the positive twist.

D D7  
So, if you're feeling uptight, don't sweat it.  
G D  
There is one way you can make it right. Just forget it.  
A A7  
See things in a different light. Now you get it.

D D7  
Do the positive twist. Do the positive twist.  
G D  
Do the positive twist. Do the positive twist.  
A  
Do an upside spin and a negative flip.  
D A D  
Do the positive twist.

D D7  
If you're feeling really blue, and you don't know why.  
G D  
Just shake those blues right off of you. Give it a try.  
A D  
Do a negative flip and kiss those blues goodbye.

D D7  
Do the positive twist. Do the positive twist.  
G D  
Do the positive twist. Do the positive twist.  
A  
Do an upside spin and a negative flip.  
D A D  
Do the positive twist.